

Pineapple Spears, No Preservatives
Serving Size 140 grams

Amount Per Serving
Calories 60

| | % Daily Value * |
|--------------------------------|-----------------|
| Total Fat 0 g | 0% |
| Saturated Fat 0 g | 0% |
| Trans Fat 0 g | |
| Cholesterol 0 mg | 0% |
| Sodium 10 mg | 1% |
| Total Carbohydrate 18 g | 6% |
| Dietary Fiber 1 g | 4% |
| Total Sugars 14 g | |
| Includes 0 g Added Sugars | 0% |
| Protein 1 g | |
| Vitamin D 0 mcg | 0% |
| Calcium 14 mg | 2% |
| Iron 0 mg | 2% |
| Potassium 150 mg | 4% |

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens: No known allergens in this product.
Ingredients: This product contains golden pineapple, water, sugar, and citric acid (used to lower pH).