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Grapes, Seedless, Value	
Serving Size 154	grams
Amount Per Serving	
Calories	110
	ly Value *
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrate 28 g	10%
Dietary Fiber 1 g	5%
Total Sugars 24 g	
Includes 0 g Added Sugars	0%
Protein 1 g	
Vitamin D 0 mcg	0%
Calcium 15 mg	2%
Iron 1 mg	4%
Potassium 290 mg	6%
The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a	

a nutrient in a serving of food contributes to daily diet. 2,000 calories a day is used for general nutrition advice. **Allergens:** No known allergens in this product. **Ingredients:** This product contains grapes.