

**Potatoes, Idaho**  
**Serving Size 150 grams**

Amount Per Serving

**Calories 100**

**% Daily Value \***

<b>Total Fat</b> 0 g	<b>0%</b>
Saturated Fat 0 g	<b>0%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 25 mg	<b>1%</b>
<b>Total Carbohydrate</b> 24 g	<b>9%</b>
Dietary Fiber 4 g	<b>13%</b>
Total Sugars 2 g	
Includes 0 g Added Sugars	<b>0%</b>
<b>Protein</b> 3 g	
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Vitamin D 0 mcg	0%
Calcium 14 mg	2%
Iron 1 mg	4%
Potassium 610 mg	15%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Allergens:** No known allergens in this product.

**Ingredients:** This product contains potatoes.

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