

**Onions, Diced, Red**  
**Serving Size      29 grams**

Amount Per Serving  
**Calories                      10**

| % Daily Value *               |           |
|-------------------------------|-----------|
| <b>Total Fat</b> 0 g          | <b>0%</b> |
| Saturated Fat 0 g             | <b>0%</b> |
| Trans Fat 0 g                 |           |
| <b>Cholesterol</b> 0 mg       | <b>0%</b> |
| <b>Sodium</b> 0 mg            | <b>0%</b> |
| <b>Total Carbohydrate</b> 3 g | <b>1%</b> |
| Dietary Fiber 0 g             | <b>2%</b> |
| Total Sugars 1 g              |           |
| Includes 0 g Added Sugars     | <b>0%</b> |
| <b>Protein</b> 0 g            |           |
|                               |           |
| Vitamin D 0 mcg               | 0%        |
| Calcium 7 mg                  | 0%        |
| Iron 0 mg                     | 0%        |
| Potassium 40 mg               | 0%        |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Allergens:** No known allergens in this product.  
**Ingredients:** This product contains onions.