

Eggplant

Serving Size82 grams

Amount Per Serving

Calories20

% Daily Value *

Total Fat 0 g0%

Saturated Fat 0 g0%

Trans Fat 0 g

Cholesterol 0 mg0%

Sodium 0 mg0%

Total Carbohydrate 5 g2%

Dietary Fiber 2 g9%

Total Sugars 3 g

Includes 0 g Added Sugars0%

Protein 0 g

Vitamin D 0 mcg0%

Calcium 7 mg0%

Iron 0 mg2%

Potassium 190 mg4%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens: No known allergens in this product.

Ingredients: This product contains eggplant.