

Salad, Urban Blend

Serving Size 85 grams

Amount Per Serving

Calories 20

% Daily Value *	
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 180 mg	8%
Total Carbohydrate 3 g	1%
Dietary Fiber 2 g	8%
Total Sugars 1 g	
Includes 0 g Added Sugars	0%
Protein 3 g	
Vitamin D 0 mcg	0%
Calcium 150 mg	15%
Iron 3 mg	20%
Potassium 274 mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens: No known allergens in this product.

Ingredients: This product contains red chard, wild arugula, and baby kale (scarlet, green, black).