

**Salad, Urban Blend**

**Serving Size 85 grams**

Amount Per Serving

**Calories 20**

**% Daily Value \***

<b>Total Fat</b> 0 g	<b>0%</b>
Saturated Fat 0 g	<b>0%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 180 mg	<b>8%</b>
<b>Total Carbohydrate</b> 3 g	<b>1%</b>
Dietary Fiber 2 g	<b>8%</b>
Total Sugars 1 g	
Includes 0 g Added Sugars	<b>0%</b>
<b>Protein</b> 3 g	
Vitamin D 0 mcg	<b>0%</b>
Calcium 150 mg	<b>15%</b>
Iron 3 mg	<b>20%</b>
Potassium 274 mg	<b>8%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Allergens:** No known allergens in this product.

**Ingredients:** This product contains red chard, wild arugula, and baby kale (scarlet, green, black).

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