

**Romaine Leaf, Fillets**

**Serving Size** 47 grams

Amount Per Serving

**Calories** 10

**% Daily Value** \*

|                               |    |
|-------------------------------|----|
| <b>Total Fat</b> 0 g          | 0% |
| Saturated Fat 0 g             | 0% |
| Trans Fat 0 g                 |    |
| <b>Cholesterol</b> 0 mg       | 0% |
| <b>Sodium</b> 0 mg            | 0% |
| <b>Total Carbohydrate</b> 2 g | 1% |
| Dietary Fiber 1 g             | 4% |
| Total Sugars 1 g              |    |
| Includes 0 g Added Sugars     | 0% |
| <b>Protein</b> 1 g            |    |
| <hr/>                         |    |
| Vitamin D 0 mcg               | 0% |
| Calcium 16 mg                 | 2% |
| Iron 0 mg                     | 2% |
| Potassium 115 mg              | 2% |

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Allergens:** No known allergens in this product.

**Ingredients:** This product contains romaine lettuce.

---