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Potatoes	
Serving Size	150 grams
Amount Per Serving	100
Calories	100
	% Daily Value *
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 25 mg	1%
Total Carbohydrate 24 g	
Dietary Fiber 4 g	13%
Total Sugars 2 g	
Includes 0 g Added	Sugars 0%
Protein 3 g	
Vitamin D 0 mcg	0%
Calcium 14 mg	2%
Iron 1 mg	4%
Potassium 610 mg	15%
* * The of Dethe Malace (DM) talls are also -	
The % Daily Value (DV) tells you how much	
a nutrient in a serving of food contributes to a daily diet, 2,000 calories a day is used for	

daily diet. 2,000 calories a day is used for general nutrition advice. Allergens: No known allergens in this product. Ingredients: This product contains potatoes.