

Potatoes

Serving Size150 grams

Amount Per Serving

Calories100

% Daily Value *

Total Fat0 g

0%

Saturated Fat0 g

0%

Trans Fat0 g

Cholesterol0 mg

0%

Sodium25 mg

1%

Total Carbohydrate24 g

9%

Dietary Fiber4 g

13%

Total Sugars2 g

Includes 0 g Added Sugars

0%

Protein3 g

Vitamin D0 mcg

0%

Calcium14 mg

2%

Iron1 mg

4%

Potassium610 mg

15%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens: No known allergens in this product.

Ingredients: This product contains potatoes.