

**Lettuce, Chopped**  
**Serving Size**            **55 grams**

**Amount Per Serving**  
**Calories**                    **10**

| % Daily Value *               |           |
|-------------------------------|-----------|
| <b>Total Fat</b> 0 g          | <b>0%</b> |
| Saturated Fat 0 g             | <b>0%</b> |
| Trans Fat 0 g                 |           |
| <b>Cholesterol</b> 0 mg       | <b>0%</b> |
| <b>Sodium</b> 5 mg            | <b>0%</b> |
| <b>Total Carbohydrate</b> 2 g | <b>1%</b> |
| Dietary Fiber 1 g             | <b>2%</b> |
| Total Sugars 1 g              |           |
| Includes 0 g Added Sugars     | <b>0%</b> |
| <b>Protein</b> 0 g            |           |
|                               |           |
| Vitamin D 0 mcg               | 0%        |
| Calcium 10 mg                 | 0%        |
| Iron 0 mg                     | 2%        |
| Potassium 80 mg               | 2%        |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Allergens:** No known allergens in this product.  
**Ingredients:** This product contains iceberg lettuce.