

Arugula, Wild
Serving Size **20 grams**

Amount Per Serving
Calories **5**

| % Daily Value * | |
|-------------------------------|-----------|
| Total Fat 0 g | 0% |
| Saturated Fat 0 g | 0% |
| Trans Fat 0 g | |
| Cholesterol 0 mg | 0% |
| Sodium 5 mg | 0% |
| Total Carbohydrate 0 g | 0% |
| Dietary Fiber 0 g | 0% |
| Total Sugars 0 g | |
| Includes 0 g Added Sugars | 0% |
| Protein 0 g | |
| | |
| Vitamin D 0 mcg | 0% |
| Calcium 32 mg | 2% |
| Iron 0 mg | 0% |
| Potassium 75 mg | 2% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens: No known allergens in this product.
Ingredients: This product contains arugula.