Grapes, Red Seedless

Serving Size	154 grams
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Amount Per Serving

Calories

110

	% Daily Value *
Total Fat 0 g	1%
Saturated Fat 0 g	1%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrate 28 g	10%
Dietary Fiber 1 g	5%
Total Sugars 24 g	
Includes 0 g Added Sug	ars 0 %

Protein 1 g

Vitamin D 0 mcg	0%
Calcium 15 mg	2%
Iron 1 mg	4%
Potassium 290 mg	6%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens: No known allergens in this product.
Ingredients: This product contains grapes.