

**Avocado, Chunks**

**Serving Size** 75 grams

Amount Per Serving

**Calories** 120

**% Daily Value** \*

|                               |            |
|-------------------------------|------------|
| <b>Total Fat</b> 11 g         | <b>14%</b> |
| Saturated Fat 2 g             | <b>8%</b>  |
| Trans Fat 0 g                 |            |
| <b>Cholesterol</b> 0 mg       | <b>0%</b>  |
| <b>Sodium</b> 5 mg            | <b>0%</b>  |
| <b>Total Carbohydrate</b> 6 g | <b>2%</b>  |
| Dietary Fiber 5 g             | <b>18%</b> |
| Total Sugars 0 g              |            |
| Includes 0 g Added Sugars     | <b>0%</b>  |
| <b>Protein</b> 2 g            |            |
| <hr/>                         |            |
| Vitamin D 0 mcg               | 0%         |
| Calcium 9 mg                  | 0%         |
| Iron 0 mg                     | 2%         |
| Potassium 360 mg              | 8%         |

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Allergens:** No known allergens in this product.

**Ingredients:** This product contains avocados.

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