

Turnips  
Serving Size

Amount Per Serving

**Calories** 35

	% Daily Value *
<b>Total Fat</b> 0 g	<b>0%</b>
Saturated Fat 0 g	<b>0%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 85 mg	<b>4%</b>
<b>Total Carbohydrate</b> 8 g	<b>3%</b>
Dietary Fiber 2 g	<b>8%</b>
Total Sugars 5 g	
Includes 0 g Added Sugars	<b>0%</b>
<b>Protein</b> 1 g	
Vitamin D 0 mcg	0%
Calcium 39 mg	4%
Iron 0.39 mg	2%
Potassium 250 mg	6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Allergens:**

**Ingredients:**