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Salsify Root Serving Size	
Galories	110
Total Fat 0 g Saturated Fat 0 g Trans Fat 0 g Cholesterol 0 mg Sodium 25 mg Total Carbohydrate 25 g Dietary Fiber 4 g Total Sugars 0 g Includes 0 g Added Sugars Protein 4 g Vitamin D 0 mcg Calcium 80 mg Iron 0.93 mg	y Value * 0% 0% 0% 1% 9% 16% 0% 6% 6% 6%
Potassium 510 mg The % Daily Value (DV) tells you ho a nutrient in a serving of food contrib daily diet. 2,000 calories a day is us general nutrition advice. Allergens: Ingredients:	outes to a