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Parsley Root

Serving Size

[redacted]

grams

Amount Per Serving

Calories **55**

	% Daily Value *
Total Fat 0.6 g	**1%**
Saturated Fat 0 g	**0%**
Trans Fat 0 g	
Cholesterol 0 mg	**0%**
Sodium 17 mg	**1%**
Total Carbohydrate 1 g	**0%**
Dietary Fiber 4 g	**16%**
Total Sugars 1 g	
Includes 0 g Added Sugars	**0%**
Protein 2 g	
[redacted]	
Vitamin D 0 mcg	0%
Calcium 49 mg	4%
Iron 1.20 mg	7%
Potassium 562 mg	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens:

Ingredients: