

**Onions, Red**  
**Serving Size            29 grams**

**Amount Per Serving**  
**Calories                    10**

% Daily Value *	
<b>Total Fat</b> 0 g	<b>0%</b>
Saturated Fat 0 g	<b>0%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 0 mg	<b>0%</b>
<b>Total Carbohydrate</b> 3 g	<b>1%</b>
Dietary Fiber 0 g	<b>2%</b>
Total Sugars 1 g	
Includes 0 g Added Sugars	<b>0%</b>
<b>Protein</b> 0 g	
Vitamin D 0 mcg	0%
Calcium 7 mg	0%
Iron 0 mg	0%
Potassium 40 mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Allergens:** No known allergens in this product.

**Ingredients:** This product contains onions.