

**Mushrooms, Portabella**

**Serving Size** 86 grams

Amount Per Serving

**Calories** 20

**% Daily Value** \*

<b>Total Fat</b> 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	0%
<b>Sodium</b> 10 mg	0%
<b>Total Carbohydrate</b> 3 g	1%
Dietary Fiber 1 g	5%
Total Sugars 2 g	
Includes 0 g Added Sugars	0%
<b>Protein</b> 2 g	
Vitamin D 0 mcg	0%
Calcium 3 mg	0%
Iron 0 mg	2%
Potassium 310 mg	6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Allergens:** No known allergens in this product.

**Ingredients:** This product contains mushrooms.

---