

Mushrooms, Enoki

Serving Size

(64g) grams

Amount Per Serving

Calories **25**

	% Daily Value *
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrate 5 g	2%
Dietary Fiber 2 g	6%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 2 g	
Vitamin D 0.06 mcg	0.06%
Calcium 0 mg	0%
Iron 0.74 mg	4%
Potassium 230 mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens:

Ingredients:
