

**Mushrooms, Enoki**  
**Serving Size**



**(64g) grams**

Amount Per Serving

**Calories** **25**

	% Daily Value *
<b>Total Fat</b> 0 g	<b>0%</b>
Saturated Fat 0 g	<b>0%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 0 mg	<b>0%</b>
<b>Total Carbohydrate</b> 5 g	<b>2%</b>
Dietary Fiber 2 g	<b>6%</b>
Total Sugars 0 g	
Includes 0 g Added Sugars	<b>0%</b>
<b>Protein</b> 2 g	
Vitamin D 0.06 mcg	0.06%
Calcium 0 mg	0%
Iron 0.74 mg	4%
Potassium 230 mg	4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Allergens:**

**Ingredients:**

