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Malangas Serving Size	
grams Amount Per Serving Calories	70
	ly Value *
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 15 mg	1%
Total Carbohydrate 16 g	6%
Dietary Fiber 1 g	4%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 1 g	
Vitamin D 0 mcg	0%
Calcium 6 mg	0%
Iron 0.66 mg	4%
Potassium 400 mg	8%

a numeru in a serving of food contributes to daily diet. 2,000 calories a day is used for general nutrition advice. Allergens: Ingredients: