## Lettuce, Romaine **Serving Size**

Amount Per Serving	( 3/ 3
Calories	10
	% Daily Value
Total Fat 0 g	0'

-	% Daily Value *
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrate 2 g	1%
Dietary Fiber 1 g	4%
Total Sugars 1 g	
Includes 0 g Added Suga	ars <b>0</b> %
Protein 1 g	

Vitamin D 0 mcg Calcium 16 mg Iron 0.46 mg
Potassium 115 mg 2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens:
Ingredients: