

Lettuce, Leaf

Serving Size

grams

Amount Per Serving

Calories

5

% Daily Value *

Total Fat 0 g0%

Saturated Fat 0 g0%

Trans Fat 0 g

Cholesterol 0 mg0%

Sodium 10 mg0%

Total Carbohydrate 1 g0%

Dietary Fiber 0 g0%

Total Sugars 0 g

Includes 0 g Added Sugars0%

Protein 0 g

Vitamin D 0 mcg0%

Calcium 13 mg0%

Iron 0.31 mg2%

Potassium 70 mg2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens:

Ingredients: