

Eggplants

Serving Size

Amount Per Serving

Calories20

% Daily Value \*

Total Fat 0 g

0%

Saturated Fat 0 g

0%

Trans Fat 0 g

Cholesterol 0 mg

0%

Sodium 0 mg

0%

Total Carbohydrate 5 g

2%

Dietary Fiber 2 g

9%

Total Sugars 3 g

Includes 0 g Added Sugars

0%

Protein 1 g

Vitamin D 0 mcg

0%

Calcium 7 mg

0%

Iron 0.19 mg

2%

Potassium 190 mg

4%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens:

Ingredients: