

Cauliflower

Serving Size100 grams

Amount Per Serving

Calories25

% Daily Value *

Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 30 mg	1%
Total Carbohydrate 5 g	2%
Dietary Fiber 2 g	7%
Total Sugars 2 g	
Includes 0 g Added Sugars	0%
Protein 2 g	
Vitamin D 0 mcg	0%
Calcium 22 mg	2%
Iron 0 mg	2%
Potassium 300 mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens: No known allergens in this product.

Ingredients: This product contains cauliflower.