

Beans, Snap
Serving Size

60 grams

Amount Per Serving

Calories 60

	% Daily Value *
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 10 mg	1%
Total Carbohydrate 14 g	5%
Dietary Fiber 5 g	16%
Total Sugars 3 g	
Includes 0 g Added Sugars	0%
Protein 3 g	
Vitamin D 0 mcg	0%
Calcium 156 mg	10%
Iron 3 mg	15%
Potassium 310 mg	6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens:
Ingredients: