

Beans, Fava
Serving Size



grams

Amount Per Serving

Calories **80**

% Daily Value *

Total Fat 0.5 g **1%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 55 mg **2%**

Total Carbohydrate 13 g **5%**

Dietary Fiber 5 g **16%**

Total Sugars 0 g

Includes 0 g Added Sugars **0%**

Protein 6 g

Vitamin D 0 mcg **0%**

Calcium 24 mg **2%**

Iron 2 mg **10%**

Potassium 270 mg **6%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens:

Ingredients:
