

Beans, Fava
Serving Size

grams
Amount Per Serving
Calories **80**

	% Daily Value *
Total Fat 0.5 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 55 mg	2%
Total Carbohydrate 13 g	5%
Dietary Fiber 5 g	16%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 6 g	
Vitamin D 0 mcg	0%
Calcium 24 mg	2%
Iron 2 mg	10%
Potassium 270 mg	6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens:
Ingredients: