

Arugula

Serving Size **20 grams**

Amount Per Serving

Calories **5**

% Daily Value *

Total Fat 0 g **0%**

 Saturated Fat 0 g **0%**

 Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 5 mg **0%**

Total Carbohydrate 0 g **0%**

 Dietary Fiber 0 g **0%**

 Total Sugars 0 g

 Includes 0 g Added Sugars **0%**

Protein 0 g

Vitamin D 0 mcg **0%**

Calcium 32 mg **2%**

Iron 0 mg **0%**

Potassium 75 mg **2%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens: No known allergens in this product.

Ingredients: This product contains arugula.
