

Pistachios

Serving Size

1 cup (140g)

grams

Amount Per Serving

Calories **700**

	% Daily Value *
Total Fat 55 g	71%
Saturated Fat 7 g	34%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 5 mg	0%
Total Carbohydrate 36 g	13%
Dietary Fiber 12 g	43%
Total Sugars 10 g	
Includes 0 g Added Sugars	0%
Protein 26 g	
Vitamin D 0 mcg	0%
Calcium 132 mg	10%
Iron 5 mg	30%
Potassium 1240 mg	25%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens:

Ingredients:
