

Pepitas
Serving Size

1/2 cup (125g)

Amount Per Serving

Calories **360**

	% Daily Value *
Total Fat 32 g	41%
Saturated Fat 6 g	28%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrate 7 g	3%
Dietary Fiber 4 g	14%
Total Sugars 1 g	
Includes 0 g Added Sugars	0%
Protein 19 g	
Vitamin D 0 mcg	0%
Calcium 30 mg	2%
Iron 6 mg	30%
Potassium 520 mg	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens:

Ingredients: