

Chestnuts

Serving Size

████████████████████

grams

Amount Per Serving

Calories **440**

████████████████████ % Daily Value *

Total Fat 3 g	4%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrate 100 g	36%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 4 g	
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Vitamin D 0 mcg	0%
Calcium 43 mg	4%
Iron 2 mg	10%
Potassium 1100 mg	25%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens:

Ingredients:
