

Chestnuts  
Serving Size

grams  
Amount Per Serving  
**Calories** **440**

	% Daily Value *
<b>Total Fat</b> 3 g	<b>4%</b>
Saturated Fat 0.5 g	<b>3%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 0 mg	<b>0%</b>
<b>Total Carbohydrate</b> 100 g	<b>36%</b>
Dietary Fiber 0 g	<b>0%</b>
Total Sugars 0 g	
Includes 0 g Added Sugars	<b>0%</b>
<b>Protein</b> 4 g	
Vitamin D 0 mcg	<b>0%</b>
Calcium 43 mg	<b>4%</b>
Iron 2 mg	<b>10%</b>
Potassium 1100 mg	<b>25%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Allergens:**  
**Ingredients:**