

Peanuts

Serving Size

1/2 cup (125g)

Amount Per Serving

Calories **830**

	% Daily Value *
Total Fat 72 g	92%
Saturated Fat 10 g	50%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 25 mg	1%
Total Carbohydrate 24 g	9%
Dietary Fiber 12 g	44%
Total Sugars 6 g	
Includes 0 g Added Sugars	0%
Protein 38 g	
Vitamin D 0 mcg	0%
Calcium 134 mg	10%
Iron 7 mg	35%
Potassium 1030 mg	20%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens:

Ingredients:
