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Filberts

Serving Size

[redacted]

Amount Per Serving

Calories **850**

	% Daily Value *
Total Fat 82 g	**105%**
Saturated Fat 6 g	**30%**
Trans Fat 0 g	
Cholesterol 0 mg	**0%**
Sodium 0 mg	**0%**
Total Carbohydrate 23 g	**8%**
Dietary Fiber 13 g	**47%**
Total Sugars 6 g	
Includes 0 g Added Sugars	**0%**
Protein 20 g	
[redacted]	
Vitamin D 0 mcg	0%
Calcium 154 mg	10%
Iron 6 mg	35%
Potassium 920 mg	20%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens:

Ingredients: