

Fennel

Serving Size

87 grams

Amount Per Serving

Calories

25

% Daily Value \*

Total Fat

0 g

0%

Saturated Fat

0 g

0%

Trans Fat

0 g

Cholesterol

0 mg

0%

Sodium

45 mg

2%

Total Carbohydrate

6 g

2%

Dietary Fiber

3 g

10%

Total Sugars

3 g

Includes 0 g Added Sugars

0%

Protein

1 g

Vitamin D

0 mcg

0%

Calcium

43 mg

4%

Iron

1 mg

4%

Potassium

360 mg

8%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Allergens:** No known allergens in this product.

**Ingredients:** This product contains fennel.