

White Sapotes
Serving Size

Amount Per Serving

Calories **280**

	% Daily Value *
Total Fat 1 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 15 mg	1%
Total Carbohydrate 73 g	26%
Dietary Fiber 12 g	44%
Total Sugars 46 g	
Includes 0 g Added Sugars	0%
Protein 3 g	
Vitamin D 0 mcg	0%
Calcium 41 mg	4%
Iron 2 mg	10%
Potassium 1030 mg	20%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens:

Ingredients: