

## White Sapotes

### Serving Size

████████████████████ 97 g

Amount Per Serving

**Calories** **280**

████████████████████ % Daily Value \*

**Total Fat** 1 g **1%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

**Cholesterol** 0 mg **0%**

**Sodium** 15 mg **1%**

**Total Carbohydrate** 73 g **26%**

Dietary Fiber 12 g **44%**

Total Sugars 46 g

Includes 0 g Added Sugars **0%**

**Protein** 3 g

████████████████████

Vitamin D 0 mcg **0%**

Calcium 41 mg **4%**

Iron 2 mg **10%**

Potassium 1030 mg **20%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Allergens:**

**Ingredients:**

---