

Persimmons
Serving Size

160
grams
Amount Per Serving
Calories **160**

| | % Daily Value * |
|--------------------------------|-----------------|
| Total Fat 0 g | 0% |
| Saturated Fat 0 g | 0% |
| Trans Fat 0 g | |
| Cholesterol 0 mg | 0% |
| Sodium 0 mg | 0% |
| Total Carbohydrate 42 g | 15% |
| Dietary Fiber 8 g | 29% |
| Total Sugars 28 g | |
| Includes 0 g Added Sugars | 0% |
| Protein 1 g | |
| Vitamin D 0 mcg | 0% |
| Calcium 18 mg | 2% |
| Iron 0.34 mg | 2% |
| Potassium 370 mg | 8% |

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens:
Ingredients: