Nectarines Serving Size

grams

Amount Per Serving

Calories

60

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	% Daily Value *
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrate 15 g	5%
Dietary Fiber 2 g	9%
Total Sugars 11 g	
Includes 0 g Added Sug	gars 0 %
Protein 2 g	

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Vitamin D 0 mcg	0%
Calcium 9 mg	0%
Iron 0.40 mg	2%
Potassium 290 mg	6%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens:
Ingredients: