## **Dates Serving Size**

Amount Per Serving	· 5/5	
Calories	31	
	% Daily Val	ш

	% Daily Value *
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrate 85 g	31%
Dietary Fiber 8 g	27%
Total Sugars 75 g	
Includes 0 g Added Sug	gars <b>0</b> %
Protein 2 g	

Vitamin D 0 mcg Calcium 73 mg Iron 1 mg Potassium 790 mg 0% 6% 6% 15%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens:
Ingredients: