

Berries, Strawberries

Serving Size

1/2 cup (125g)

grams

Amount Per Serving

Calories **45**

% Daily Value *

Total Fat 0 g **0%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 0 mg **0%**

Total Carbohydrate 11 g **4%**

Dietary Fiber 3 g **10%**

Total Sugars 7 g

Includes 0 g Added Sugars **0%**

Protein 1 g

Vitamin D 0 mcg **0%**

Calcium 23 mg **2%**

Iron 0.59 mg **4%**

Potassium 220 mg **4%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens:

Ingredients:
