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Berries, Raspberries Serving Size	
	,
grams Amount Per Serving	
Calories	60
% Daily	/ Value *
Total Fat 1 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrate 15 g	5%
Dietary Fiber 8 g	29%
Total Sugars 5 g	
Includes 0 g Added Sugars	0%
Protein 1 g	
Vitamin D 0 mcg	0%
Calcium 31 mg	2%
Iron 0.85 mg	4%
Potassium 190 mg	4%
The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for	

daily diet. 2,000 calories a day is used for general nutrition advice. Allergens: Ingredients: