Berries, Blueberries **Serving Size**

grams

Amount Per Serving

Calories

80

	% Daily Value *
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrate 21 g	8%
Dietary Fiber 3 g	12%
Total Sugars 14 g	
Includes 0 g Added Sug	ars 0 %
Protoin 1 a	

Protein 1 g

Vitamin D 0 mcg	0%
Calcium 9 mg	0%
Iron 0.41 mg	2%
Potassium 110 mg	2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens:

Ingredients: