

Apples, Red Delicious

Serving Size 109 grams

Amount Per Serving

Calories 60

% Daily Value *

Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrate 15 g	6%
Dietary Fiber 3 g	9%
Total Sugars 11 g	
Includes 0 g Added Sugars	0%
Protein 0 g	
Vitamin D 0 mcg	0%
Calcium 7 mg	0%
Iron 0 mg	0%
Potassium 115 mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens: No known allergens in this product.

Ingredients: This product contains apples.
