

Apples, Idared  
Serving Size

(125g) grams  
Amount Per Serving  
**Calories** **70**

	% Daily Value *
<b>Total Fat</b> 0 g	<b>0%</b>
Saturated Fat 0 g	<b>0%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 0 mg	<b>0%</b>
<b>Total Carbohydrate</b> 17 g	<b>7%</b>
Dietary Fiber 3 g	<b>11%</b>
Total Sugars 13 g	
Includes 0 g Added Sugars	<b>0%</b>
<b>Protein</b> 0 g	
Vitamin D 0 mcg	0%
Calcium 8 mg	0%
Iron 0.15 mg	0%
Potassium 135 mg	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Allergens:**  
**Ingredients:**