

Apples, Golden Delicious

Serving Size 109 grams

Amount Per Serving

Calories 60

% Daily Value *

Total Fat 0 g 0%

Saturated Fat 0 g 0%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 0 mg 0%

Total Carbohydrate 15 g 5%

Dietary Fiber 3 g 9%

Total Sugars 11 g

Includes 0 g Added Sugars 0%

Protein 0 g

Vitamin D 0 mcg 0%

Calcium 7 mg 0%

Iron 0 mg 0%

Potassium 110 mg 2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens: No known allergens in this product.

Ingredients: This product contains apples.
