

**Apples, Crispin/Mutsu**  
**Serving Size**

**(125g) grams**

Amount Per Serving

**Calories** **70**

	% Daily Value *
<b>Total Fat</b> 0 g	<b>0%</b>
Saturated Fat 0 g	<b>0%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 0 mg	<b>0%</b>
<b>Total Carbohydrate</b> 17 g	<b>6%</b>
Dietary Fiber 3 g	<b>11%</b>
Total Sugars 13 g	
Includes 0 g Added Sugars	<b>0%</b>
<b>Protein</b> 0 g	
<b>Vitamin D</b> 0 mcg	<b>0%</b>
<b>Calcium</b> 8 mg	<b>0%</b>
<b>Iron</b> 0.15 mg	<b>0%</b>
<b>Potassium</b> 135 mg	<b>2%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Allergens:**

**Ingredients:**

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